4 Reasons to choose injectable fillers for a perfect chin

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The lower face has for a long time been a somewhat neglected area in aesthetic treatments. But it is the details of the lower face that put your overall appearance into proportion. **A chin that is just a little bit more projected could put everything into balance,** especially if you have already had treatments in other areas of your face. **Balance, proportion, and personalization have therefore become the new ideals in aesthetic treatments.**

The chin is of particular importance for a balanced and proportionate facial shape. A lot of people do not think about their chin, as they do not see their own face in profile. **But the shape and projection of the chin is a major determinant of how our faces are perceived and whether the facial shape is attractive or not.**

There are two options for chin augmentation; surgical or minimally invasive chin augmentation with injectable fillers. Injectable fillers are however gaining ground as there is more knowledge today about all the possibilities of injectable fillers. If you are considering a chin augmentation, there are four important reasons why you should choose an injectable filler:

The results are instantaneous and the procedures have minimum downtime.

The results are long-lasting but not permanent.

Trends and your own preferences may change.

You can tailor the treatments and get a truly personalized result.

1. Safe, instantaneous results

It goes without saying that injectable fillers are less invasive compared to surgery. Since the first injectable filler with non-animal hyaluronic acid was launched, Restylane®, there have been tens of millions of aesthetic treatments with fillers all over the world. The results are instantaneous and the procedure itself only takes 10 to 15 minutes with minimum downtime. Restylane has decades of clinical experience and an established safety profile.

2. Long-lasting but not permanent

If you are not satisfied with, in this case, your chin augmentation, the result is not permanent. Depending on what area of the face you treat, the effect lasts for about six months up to two years.

3. Trends and your own preferences may change

Trends come and go, not least trends in aesthetics and beauty. Size 0 came and went and today, women are removing or reducing their breast implants. Even if you are a person with a high self-esteem and know what you want for yourself, on a subconscious level it is hard to totally neglect the shifting perceptions of what constitutes a beautiful face and body.

There could therefore be nuances as to how you perceive your chin that could influence the exact proportions of your chin augmentation. With an injectable filler, those nuances can be adjusted as your own preferences change.

4. Personalizing your chin augmentation

No one is the same and an aesthetic treatment should obviously be tailored to your own unique looks and enhance your own beauty. The chin differs a lot from person to person and there is a marked difference between men and women. For men, a jawline and/or chin augmentation should create angles and a much more defined sharpness than for women. For a woman, a more rounded shape is the beauty ideal, with a little pointier chin.

This is where injectable fillers have a true advantage as both the injection technique as well as the choice and combination of gel hardness give your healthcare practitioner the possibility to personalize your chin augmentation.

A chin augmentation aims at a better projected chin and therefore the injectable filler must have a certain degree of firmness. A firm gel has a high G’ (G prime). A gel with a high G’ can retain its shape and the projection of the chin also when there is a significant degree of strain, such as the stretched skin over the chin. Still, women can benefit from a slightly softer gel, which gives a more rounded and feminine projection. Your healthcare practitioner will know what will work best for you.

Minimally invasive aesthetic treatments replacing surgery

As mentioned, surgery and injectable fillers are not contradictory. However, advancements within aesthetic treatments are fast and there is a strong trend towards less invasive procedures. A lot of things that can be done with fillers today were not even thought about just a few years ago.

The best way to find out what the best option for you will be is to talk to a healthcare practitioner.

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